New Urban Arts

Creative Compassion
+ The Art of Kindness

A Program Resource Guide
ACKNOWLEDGMENTS

This program resource guide was created by artist mentor Eva Joly, with support from fellow mentor Cailin Cali, and director of programs, Emily Ustach.

Special thanks to Art Inquiry’s 2015 Scholar in Residence, Julia Gualtieri for sharing her insight and creativity. Love and thanks to all the individuals and institutions who expanded our understanding of compassion and kindness this summer including Rachel Panitch at Community Music Works; Lauren Star at RISD 2nd Life; Mimi Chrzanowski, Dailen Williams and Lydia Solano of HEART; Alison Rutsch, John Hoder and all the artists who welcomed us at RHD-Ri; Linda DiCarlo at Iyengar Yoga; Hollis Mickey; Victoria Ruiz; 186 Carpenter; Christina Bevilacqua at the Providence Athenaeum; and everyone who let us give them (temporary) tattoos.

Extra special thanks to John Risica and Geraldine Mcphee for sharing with us the life and work of their sister and friend, Jeanne Risica.

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Finally, this summer would not have been possible without the contributions of our ten student participants: Thank you to Garty Bartuah, Oliver Dotson, Cameron Rivera, Megan Ewihe, Agnieszka Tavarez, Davila Jackley, Oliviea Reels, Maria Ramirez, Tierah Harrison and Anthony Toasty.
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ABOUT NEW URBAN ARTS

New Urban Arts is a nationally recognized independent arts studio for high school students and artists in Providence, Rhode Island. Our mission is to create and sustain a vital community that supports young people as artists and leaders toward a lifelong creative practice. Founded in 1997, our free, year-round out-of-school programs build sustained mentoring relationships between professional artists and urban high school students. These programs promote leadership, risk taking, collaboration and self-directed learning.

The Summer Art Internships at New Urban Arts offers paid opportunities for 25 high school students during the summer, fulfilling the need for summer employment and enrichment activities for Providence youth.

ABOUT THIS PUBLICATION

The Creative Compassion and the Art of Kindness resource guide documents the concepts, methods and conversations explored during New Urban Art’s 2015 Summer Art Inquiry. Over the course of five weeks, 10 students and 2 artists mentors investigated compassion and kindness as a creative methodology, as a political response and as a way of interacting with ourselves and our communities.

In the following pages are the activity prompts, workshop ideas, artists projects and resources that shaped the summer program. Artists, educators and young people are encouraged to adapt the exercises and prompts to aid their own exploration of Creative Compassion and the Art of Kindness whether in classrooms, in out-of-school settings and in your own creative practice.
When I go grocery shopping I am all business, singularly focused on the task at hand. I write a list of things I need, go in and get them in one fluid trip around the store, find the shortest check out line and leave. About five or six years ago I was at the grocery store and had just completed my very efficient routine, and was headed for the exit when I noticed a woman a few feet ahead struggling with two heavy bags while trying to manage a toddler in the middle of an intense tantrum. Then one of the bags broke, sending cans of food and boxes flying, as the small child continued to wail. The woman overwhelmed by the situation sunk to the floor, put her face in her hands and started to cry. This whole scene unfolded mere inches away from me, and a moment of sympathy flickered as I walked right past the woman, the sprawled groceries, and screaming child, leaving one of the many other shoppers to lend a hand or offer some comforting words.

When I got to my car, disgust set in. What’s wrong with me? Why did I walk away from someone who was so clearly struggling? Recalling this story makes me cringe a little, and unfortunately there are others like it. As uncomfortable as it is to look back and face my own failures of kindness, I think I come out with a more complex understanding of kindness and compassion.

First, kindness is hard. It’s not all puppy dogs, rainbows, and smiley faces. Kindness requires a willingness to be more open, even vulnerable and exposed. We risk being seen as weak or weird. In the grips of political and economics systems fueled by failures of kindness, it is often mistaken for weakness, but in fact comes from a place of great strength and bravery. It’s doesn’t come naturally to all people, sometimes it seems impossible—but we can make a choice to practice. And kindness is always the harder choice.

The young people who spent their summer at New Urban Arts investigating the ways art and creativity can overlap with kindness were asked to do something hard, to imagine radical kindness and compassion in their own lives. As a visiting artist to the Summer Art Inquiry it was inspiring to see each person push through clichés surrounding kindness and pursue their own unique line of inquiry. I am grateful to New Urban Arts for the opportunity to visit this summer and to be reminded that kindness is expressed in myriad and complex ways and that it is urgently necessary to practice it more.
INTRODUCTION

The Art Inquiry at New Urban Arts was started in 2006 to offer a distinct experience in art making and learning. In contrast to the organization’s drop-in school year program, the Art Inquiry revolves around a central theme explored over five weeks during the summer months. While participating in the Art Inquiry, students collaborate with mentors and visiting artist on various projects including group activities, reflective writing exercises and self-guided independent work.

Kindness and compassion are often reduced to the phrase “treat others how you would like to be treated”. If we examine this phrase, we see how difficult this can be: What assumptions are required to treat others the way we want to be treated? What if we assume wrong? This summer’s inquiry, “Creative Compassion and the Art of Kindness”, explored the theme as both a subject and a working methodology for artists and citizens. We considered everything from the intimate acts we value in our interactions with friends and loved ones and the small gestures of self-kindness that we express to make ourselves feel better, to artists and groups that challenge systemic injustice through art, opposition and activism. More than anything, this inquiry attempted to celebrate what we know about compassion while complicating our assumptions of how to be kind and compassionate in our lives and through our work.

Thematic prompts and activities were organized in the following categories by artist mentors Caitlin Cali and Eva Joly and program director Emily Ustach:

Imaging Another Imagination
Kindness in Exchange
Community + Collaboration
Self-Kindness
The Artists Role

Presentations, discussions and activities were supplemented by visiting artist workshops, field trips to libraries, artist spaces and exhibitions. Field trip destinations included the Providence Athenaeum, 186 Carpenter, RISD 2nd Life, FREE STORE installation by HEART, Resources for Human Development - Rhode Island, Iyengar Yoga, Big Nazo and the Little Library on Brown Street. In addition to these activities, each student developed and executed an Independent Inquiry Project to process the theme and to explore mediums and ideas over the five-week period. These projects were exhibited in a group show in September of 2015.
MY LOVE
I GIVE TO
THEE, YOUNG
CHICKADEE...
THEMATIC PROMPTS
+
PROJECTS
IMAGINING ANOTHER IMAGINATION

Is there a universal definition of compassion? What happens when we have conflicting ideas about being kind? Can we incorporate empathy into our creative practice?

Portraits of Kindness / Ice breaker
Materials: Paper and pens

Spend 5-10 minutes independently creating a portrait of someone in your life who embodies compassion and kindness, according to your own definition. As a group, share each drawing and make a list of the terms and ideas that come up. Save this list to reference.

Previous page: Toasty’s best friend
Clockwise from top left: Oliviea’s friend, Tierah, Maria’s sister, Oliver’s teacher and Tierah’s Grandma
Music Response Collages
Materials: Sumi ink (or similar), paper, photocopier

With ink, pens and other fast drying materials, draw and sketch in response to a piece of music or live performance if possible. Photocopy drawings and use as collage materials. If responding to a live piece of music, consider giving copies of the finished collages to the musicians or organization.

Collaborative Fort Build
Materials: Newspaper, masking tape

Split into 2 groups and have each group come up with a list of attributes they would like in their fort or structure (IE everyone should be able to fit inside, the structure should have a garden). Exchange lists and begin building the opposite groups dream house / fort from found materials or using sheets of newspaper rolled into rods. If building materials are not available, try a collaborative drawing version.

Reflect on the process of building / making for someone else, including the difficulty of translating another’s ideas into a physical form or drawing.

Drawing from Another Perspective
Materials: Paper, drawing boards, pens/markers

Find a hiding spot, draw as something that is hidden.

Draw as the something that is in constant motion.

Lay on the ground and draw as something that gets stepped on but looks at the sky.

Sit with your back to a partner: As your partner describes what they are looking at or imagining, draw the scene or ideas. Switch roles and repeat.
Responding to an informal performance by Community Music Works, Art Inquiry participants and CMU musicians created ink drawings which were then photocopied and used as collage materials for individual works.
Exploring collaborative methods in performance and visual media, the collages were assembled and delivered to CMU as a gift / document of our response to their performance. From TL: Cameron, Toasty, Meghan and Oliver
KINDNESS IN EXCHANGE

What does kindness look like in exchange? Can artists re-define ingrained systems of value by encouraging sharing, bartering and gifting? What is gained when we eliminate monetary exchange? Imagine a society with no money: What will you trade? What is your knowledge worth? Who can participate in an alternative economy?

Currency Project
Materials: Drawing and collage materials

Using Paul Glover’s Ithaca Hours and the E-Flux facilitated TIME/BANK project as reference, where skills and time are exchanged for knowledge and goods, develop a prototype for an alternative currency that relies on a non-monetary exchange.

Who or what will you commerate on your currency? Using any drawing or collage materials available, create a prototype for your currency, something to represent the exchange of (for example) ghost stories for piano lessons, or help looking for jobs for room decorating tips.
Temporary Tattoo Parlor
Materials: Exposure unit, screen, printing ink, acetate, non-absorbent paper

Set up a print table outside or in any crowded area and make temporary tattoos by screen printing shapes and drawings onto any type of non-absorbent paper (we used reflective contact paper). The ink dries fast so move quickly between screen-printing and applying tattoos! Consider trading tattoos for written responses to questions you have. We collected responses to the question: What does kindness mean to you?

Kindness in Exchange: The Walking Tour!

Take a walking tour of places in your area that adhere to or embody the idea of kindness in exchange. Consider spaces that support and encourage healthy, equitable communities by providing access to services, knowledge, information, and the opportunity to gather and share. These places may include public libraries, resource re-use stores, artist spaces, community gardens and service providers. Our walking tour of Providence included RISD Second Life, a art supply recycling and re-use store, the Little Free Library on Brown Street, part of the Little Free Library Network, and the FREE STORE, an installation/clothing swap inside the live/work space HEART. Make a map of the places you visit as well as other locations in your area that you love and want to share with your community.
Is collaboration always fair and equal? Can working with our communities expand our understanding of kindness? What is required to collaborate? Where do you start?

Piñata Prompts and The Hate Trash Piñata
Materials: Small squares of colored paper, pens/pencils, cardboard, glue, newspaper, paint, candy

Start each day with a prompt that focuses on the good things in life. Write or draw responses on colorful squares of paper. Then, as a group, design and construct a piñata to be filled with all the responses (and tons of candy!). (We created a trash can piñata covered with representations of negativity - ousted Australian PM Tony Abbott, a rotten fish, a giant mosquito - and called it Hate Trash.)

Set up your piñata in a public place and invite your neighbors, friends and passersbys to help bust it open.
Prompt Ideas:

How do you cool off on a hot day?

An artist that inspires you

A book or author that you love

A song you listen to when you’re feeling sad

A song that you listen to when you’re feeling good

A picture of your favorite animal

Comfort foods

What to do on a rainy day

TOP 5 movies

Someone or something you miss

Favorite smells

Games from childhood

Last night’s dream

A reoccurring dream

The nicest thing someone has said about you

Your ideal superpower
Jeanne Risica Collaboration

One of the most challenging projects of Art Inquiry was to work on a painting by the late Jeanne Risica. While we had worked collaboratively on other projects, this particular piece felt more daunting and complicated than the others. Some of us expressed reservations about working on the artist’s painting without her explicit consent; others were unsure how to approach an abstract work when their own work is figurative.

After speaking with her brother and good friend, we were able to learn more about Jeanne’s work and life; specifically her dedication, her working methods and her interest in wheat pasting as a subversive act. Ultimately we used another of Jeanne’s paintings as a starting point, a piece composed of 12 panels, each listing something she loved. Individually we made lists of 12 things that we love and then illustrated items from our lists. These illustrations were then photocopied and wheat pasted onto the original painting. While not necessarily “finished”, the piece is a reflection of the difficulty of collaboration, and of our collective reservations and respect for another artist’s work and life.

More information about the life and work of Jeanne Risica can be found at www.jeannerisica.com
**SELF KINDNESS**

*How is caring for ourselves, as Audre Lorde states “an act of political warfare”? How do we take care of ourselves in order to take care of others? Is self-kindness necessary to be reflective, critical and strong in the face of adversity?*

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**Daily Dairy (Inspired by Lynda Berry)**

Materials: Pen and Paper

Take a piece of paper and draw horizontal and vertical lines dividing the page into 4 equal squares. In each square draw or write a response to the following:

- Something you saw today
- Something you heard today
- Something you remember from yesterday
- Something you are looking forward to tomorrow

This exercise can be altered by changing the prompts, timing yourself or repeating the exercise everyday for a week. Try it by yourself, with a partner or in a group.

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**Care Doodles**

Materials: Pen and Paper

On one side of a piece of paper, spend several minutes writing a list of everything in your life that you have to care for (relationships, sleep schedule, hair, etc.). Then select two of the items on your list and make a drawing that combines them.

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**Feelin Better Zines**

Materials: 8.5x11 paper, drawing and collage materials, scissors or blade, photocopier

Make 8-page zines, or a personal how to guide on what you do to feel better when you’re feeling blue. Share and trade your zines, or distribute them around town.

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**Parallel Line Drawing Exercise**

Materials: Large roll of paper or individual sheets, pens/markers/charcoal

Start each day with a meditative drawing exercise to mentally prepare yourself for what comes next. With your eyes closed spend 5-10 minutes drawing parallel lines on a piece of paper, concentrating on making the lines remain inside the boundaries of the paper without looking. Try not to peek! If space permits, tack a large roll of paper to a wall and walk your lines across the surface.

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Zines by Oliviea and Carty
Step 1:

Eat ice cream.

Step 2:
Clean, you will feel accomplished after.

NEW EXPERIENCE

NEW THINGS

SEEING
THE ARTIST’S ROLE

How do artists contribute to social justice movements? Can art actively oppose hateful rhetoric and inequitable social policies? What role do have artists have in raising awareness? What happens when artists stand in as social service providers? Can kindness become systemic?

Many of the youth participants at New Urban Arts are nearing voting age, including several people involved in the summer art inquiry. With this in mind, and with the incendiary and often hateful rhetoric of political campaigning in our ears, this week’s theme considers the role the Artist in political and social life as well as the potential to counter and inform with compassion and kindness.

Protest Buttons / Public Service Banners
Materials: Button press, newspaper articles, fabric, fabric glue or sewing materials, scissors

As a group, brainstorm examples of artists who directly engage with the political process and social movements. Think ACTUP (Aids Coalition to Unleash Power), Guerrilla Girls and artists responding to and participating in Black Lives Matter. Read: “Should Black Artists Respond to the Movement?” by Antwuan Sargent and watch Wave of History by the Downtown Boys. Come up with a phrase or borrow an existing one and create a banner to synthesize the goals and agenda of an existing social movement or one of your own invention.

Magic Wands
Materials: Sticks, wire, pipe-cleaners, beads, yarn, hot glue, scissors

_Wand making workshop with RHD-RI (Resources for Human Development, Rhode Island), a day studio art program for adults with intellectual and developmental disabilities. www.rhdri.org_

Set up a workshop / group making session with a group of people you haven’t had the opportunity to meet or work with before. Try contacting day program studios, community centers, out-of school programs, or senior centers. Create magic wands using any materials available. As a group, talk about what superpowers your wands have. What can it DO or UN-DO in society? What powers do we have as group that we don’t have as individuals? Who are the real life superheroes or magicians?
INDEPENDENT INQUIRY
PROJECTS

A central aspect of the Art Inquiry program is self-directed inquiry projects in which students complete original thematic artworks. Weekly open studio time provides space for students to explore the designated theme individually and personally. Independent projects employ a range of media which students self select according to their interests and experience. Artist mentors and scholars are available for support, guidance and to introduce students to tools and techniques for realizing their own creative visions.
Garty Bartuah

_Compassion of Life and Death_

Clay, wire mesh

These are two sculptures portraying two figures who represent life and death. Life and Death, after years of marriage, because of their differences, they must fight a war against each other. In the end, they come together and accept their differences.

This piece was inspired by Greek mythology and religion. I’ve never sculpted before, and I wanted to gain experience with new materials. Getting the pieces to stay together was a challenge, but everyone helped me make it happen.
Oliver Dotson

Swords

Mixed Media

My name is Oliver and this is my artist statement. For my personal project I decided to make a lot of swords for people to pick out if they like them and take them home. The reason I chose to make swords is that throughout history, each culture has had their own swords, and each one was so individual and unique! Compare a khopesh, really curvy and slick sword to an English long sword which is pretty large and chunky. I decided to have a more artistic and less serious take on the swords, each with an extremely different theme to keep each sword individual!
Cameron Rivera

*Denim Jacket*

Denim, thread, sewing machine

This jacket was inspired by fashion designer Rick Owens and his DRKSHDW denim jacket. These materials are easy for me to use since my friends and I make clothes together. Making the pattern and the sleeves was challenging, but I was able to relate my project to this summer’s theme by sharing the pattern when it was finished.
Agnieszka Tavarez

*Ohh I See...*

Printed pictures from computer, canvas, oil pastels, different types of paper, paint, markers

This is a canvas filled with things that people tell me motivate them emotionally, mentally, and physically. Many people told me things I found weird and that I didn’t understand. Half of the canvas is filled with eyes. The eyes are representative of how others see things. I’d like to thank myself, letting me know that it’s okay to be different. This piece relates to me in my everyday life with my mental health.
Megan Ehiwe

I Praise the Gold as if it’s Gods

Canvas, paint, gold leaf

The two women are temples but this temple isn’t going to ruins. Every time these temples break, we paint gold. The flowers represent delicate beauty. Even when things die, beauty doesn’t stop growing.
Oliviea Reels

Untitled

Paper, fabric, glue, screen printing

I made a bunch of sketch books to hand out, and I made a scrap book of our time in Art Inquiry 2015. I was inspired by Caitlin and the books she showed us how to make. My project relates to the theme of creative compassion and the art of kindness because I included words that people used to describe a kind and compassionate person, and I am giving the books away. I have made books many times before, but the most challenging thing about my project was the number of books I had to create. Special shout outs go to Agnie, Davila, Maria, and Eva for helping me!
Anthony Toasty

*Untitled*

Watercolor, acrylic, box, wooden rod, sewing, scroll

This is a crankie theatre show that depicts what I consider to be the greatest form of kindness: humor (but with my own dark twist!). My love of humor starts out seemingly innocent, but takes a horrible turn. All of these materials I used are completely new to me, and pacing myself was a challenge. My crankie shows a mother wanting to buy a present for her son, which is kind in itself, so I was able to keep to the theme of Art Inquiry while staying true to myself.
Tierah Harrison

*TBSJ*

Acrylic on canvas

My painting is a portrait of me and my best friends. Painting is relaxing, and I’ve been really interested in painting faces and figures, even though it can be challenging adding highlights and details. My friends and I have a relationship that relates to the theme of Art Inquiry, creative compassion and the art of kindness. Shout outs to TBSJ!!!
Davila Jackley

Goblin

Newspaper, glue, paint, water, balloons, mixed fiber

My piece is about a goblin who is hated by everyone except one person who actually cares for him and changes his state of mind. I chose these materials because they were necessary for making papier-mâché. I was inspired by NUA’s recycle dragon, and because I had never worked with papier-mâché before, creating the shape of the goblin was challenging. The goblin relates to the theme because the goblin received kindness and compassion, and was able to give kindness in return. I’d like to give a shout out to Caitlin because she loves this piece so much!
This piece shows how different people see kindness in different ways. My project was inspired by the Humans of New York book. I asked different people what kindness meant to them. I love photography and have done it before. Finding people who would answer my questions was the most challenging thing about this project.
Kindness is when someone who goes out of their way do something for you no matter how busy they are.

Kindness mean no judgment. Kindness is respect and understand and being there for someone that has never met you and for someone that you have grown up with.
ARTIST MENTORS

Caitlin Cali

Caitlin Cali was a 2015 Summer Art Inquiry Mentor at New Urban Arts. She is an artist and (sometimes) teacher living in Providence, RI. In recent years she has taught, mentored, and made art at AS220 Youth, The Rhode Island Training School, Resources for Human Development-RI, and The Meadowridge School. She loves collaborating on projects with friends and loves to draw, paint and print. One of her biggest joys is making comics and other crazy drawings with the Providence Comics Consortium. Caitlin makes art that has themes of shame, elation, the spirit-world, love and hate, death and life, and good and evil. She might draw or paint something that is seriously emotional, or very silly, but no matter what - she strives for crippling sincerity and heart. You can see some rather dated artwork at caitlincali.weebly.com.

Eva Joly

Eva Joly was a 2015 Summer Art Inquiry Mentor at New Urban Arts and a 2014-2015 Sewing and Fashion Mentor. Eva is a teaching artist with Artistic Noise Boston, where she leads workshops in detention for youth inside the juvenile carceral system. She currently collaborates with The Weaving Mill, a people-centered mill in Chicago housed within a day-studio for adults with intellectual disabilities, where she has co-facilitated sewing workshops and is developing a run of jackets made from industrially woven dead-stock material, hand sewn and inspired by a pattern shared with her by Tito, a New Urban Arts student. She is constantly impressed and inspired by the work of young people and intends to continue to research and incorporate textile-practices and art making as she pursues as Masters in Social Work at the Silberman School of Social Work at Hunter College.
www.theweavingmill.com

SCHOLAR IN RESIDENCE

Julia Gualtieri

Julia took her first printmaking class fifteen years ago and has been in love with the medium ever since. She works as a printer and in her free time she prints. Over the years she has worked with many local organizations including New Urban Arts, CityArts, RISD Project Open Door, the RISD Museum, and the Providence Comics Consortium. She loves Providence, even in the wintertime.
jtgualtieri.com
CONTRIBUTING ARTISTS

S. Hollis Mickey

S. Hollis Mickey is an interdisciplinary artist living and working in Providence, Rhode Island. Through text, textiles, sculpture, installation and performance, her work seeks to capture and remember ephemeral, everyday moments—those glimpses of finding the extraordinary in the ordinary. Hollis was awarded the 2015 Rhode Island State Council on the Arts Fellowship in New Genres. She holds a BA and MA in Performance Studies from Brown University. In addition to being a practicing artist, Hollis works as Associate Educator, Academic and Public Programs at the RISD Museum, where she manages courses for adult audiences and artist professional development programs, serves as an editor of the Museum’s journal Manual, and teaches from the collection.

www.hollismickey.com

Linda Di Carlo - Iyengar Yoga

Iyengar Yoga is based on the principles of extension, expansion and alignment of the physical body; the use of the breath as a tool for purification; and the cultivation of a muscular mental body in order to maintain concentration on the practice.

Kindness suggests friendliness, non-violence, and truthfulness in thought, word and deed with respect for an individual and for the spirit of life that resides within. Compassion is an act of mercy or understanding without judgment. To be able to tender-heartedly empathize with the person who has suffered. From this understanding, an attitude of unconditional regard can be offered.

iyengaryogasource.com

Victoria Ruiz

Victoria is a screen printer, sculptor and performance artist. She is an alumnus of youth arts programs in the Bay Area, which inspired her interest and dedication to the urban arts community. She studied architecture and economics at Columbia University in New York. She was an artist and community organizer in Harlem. She worked as a set design mentor developing youth street theater and public art installations in the windy streets of Segusino and Trieste, Italy. She is passionate about the confluence of knowledge and practice and studied architecture and economics in hope to understand the physical aspects of cities and how to be a part of the tiny moments of people coming together that make our cities churn. She is the front woman of Providence’s punk band the Downtown Boys. When not singing her lungs out, Victoria rallies for immigration and labor rights.
GUIDING RESOURCES, ARTISTS + PROJECTS

IMAGINING ANOTHER IMAGINATION

Janelle and Lisa Inglesias – Las Hermanas
Merle Laderman Ukeles – Touch Sanitation, Maintenance Manifesto
Daren O’Donnel – Haircuts by Children
Anna Deavere Smith – Twilight Los Angeles
Bouchra Khalili – The Mapping Journey Project

KINDNESS IN EXCHANGE

Caroline Woolard – Trade School
Maria Margarita Jiménez
Paul Glover – Ithaca Hours
E-Flux – TIME/BANK
Fallen Fruit
Susanne Cockrell and Ted Purves - The Big Back Yard and the Reading Room

COLLABORATION + COMMUNITY

Oasa Duverney – The Brooklyn Hi Art Machine
Reuben Ochoa – Borrowed Laders
It Can Change Collective – Gypsy Cab
Maria Pask – Beautiful City
Monica Nador – The Jardim Miriam Arte Clube
Pedro Reyes – Palas Por Pistolas
Fernando Pertuz – Lista de Personas
Suzanne Lacy – The Roof is on Fire
Project Row Houses
Rick Lowe – Watts House Project
The Liz Lerman Dance Exchange - Hallelujah/USA

SELF KINDNESS

Lynda Barry
Iyengar Yoga
Haha – Flood
S. Hollis Mickey
Providence Comics Consortium

THE ARTISTS ROLE

Tania Bruguera – Immigrant Movement International
Guerrilla Girls
The Department of the Housing Crisis
Creative Time – Living as Form Social Practice
Archive
Bread + Puppet
Elin Wikström – What Would Happen if Everyone Did This?
Smack Mellon – Respond (group show)
Hank Willis Thomas, Two Little Prisoners
Antwuan Sargent – “Should Black Artists Respond to the Movement?”
Public Matters + The Healthy Eating Active Communities (HEAC) – Where Do I Get My Five?
Act Up (Aids Coalition to Unleash Power)

Carboard Citizens
Downtown Boys - Wave of History
Resources for Human Development, RI
WRITE YOUR **NAME:**

**TITLE** OF **WORK:**

**DESCRIBE** THE ART WORK YOU ARE TALKING ABOUT NOW:

**WHAT MATERIALS** DID YOU USE IN MAKING THE WORK?

**WHY** DID YOU PICK THESE MATERIALS?

WHERE DID THE IDEA COME FROM? **WHAT INSPIRED** YOU?

**HOW DOES IT RELATE** TO The Theme Creative Compassion & the Art of Kindness?

**HOW DOES THIS RELATE** TO ARTWORK YOU HAVE ALREADY MADE? OR, DID YOU TRY SOMETHING **NEW**?

What challenged you most?

**SHOUT OUTS** to who you’d like to thank, acknowledge or dedicate this piece to:
YOUR NAME:

NAME 2 NEW THINGS YOU DID THIS SUMMER AS PART OF THE ART INQUIRY SUMMER PROGRAM:

WHAT DIDN’T YOU DO THAT YOU HOPED TO DO?

WHAT ARE SOME HIGHLIGHTS FROM THIS SUMMER PROGRAM?

WHAT WERE YOUR FAVORITE VISITING ARTIST WORKSHOPS AND WHY?

WHAT WERE YOUR FAVORITE FIELDDRIPS AND WHY?

WHAT CHALLENGED YOU MOST?

WHAT DID YOU DISCOVER ABOUT YOURSELF DURING THIS ART INQUIRY?
These values guide how we operate in our work place at NUA:

- **We participate** – We do things here! We make, try, build and create things we never dreamed or imagined possible.

- **We take risks** – We try new art forms, and explore unfamiliar ideas. As we step outside our comfort zone, we politely and respectfully encourage others to do the same with us.

- **We take care of ourselves and each other**— We expect to be treated compassionately and we treat our colleagues in the same way. We seek help when it is needed. We are honest about challenges and limitations we face, without fear of negative judgment.

- **We are flexible and adapt to change**—We recognize that despite our best efforts, plans change and we are at our best when we balance intentionality with flexibility. We are all open to new ideas and opportunities.

- **We embrace a spirit of inquiry and curiosity** – In all interactions, we seek deeper understanding, ask clarifying questions and place ourselves in another person’s shoes to appreciate other frames as well as our own.

- **We are inclusive** – We know that this studio attracts people from many neighborhoods, countries, religions, cultures, experiences and beliefs. In order for us all to feel included at New Urban Arts, we balance voicing our thoughts and ideas while not acting in a way that might silence others. We avoid hateful, disrespectful language even in jest or any actions that may make other people feel or be unsafe. We avoid mean spirited talk - anything that someone might think, experience or perceive as teasing/bullying.

- **We are professional, reliable and responsible** – By professionalism, we don’t mean stifling bureaucratic rules. Rather, we strive to conduct ourselves in a way that honors and respects the hard work of our colleagues. Some examples are that we show up when we’re expected, we meet our commitments or seek help and communicate when we can’t, we double check our work for errors, and respond to inquires promptly, professionally and enthusiastically.

- **We work together**—We must work together to achieve our shared goals. We recognize that our community work is most effective when it is grounded in close, honest and authentic connections with each other. In order to create a supportive work environment together, ask yourself each week:
  
  *Did you support someone this week or did someone support you?*

- **We keep it fun** – This work is rewarding and hard. In order to stay the course we have to keep a positive attitude, celebrate the big and small victories along the way, celebrate each other, our community, and be giving and receptive to recognition.